



Competitions Handbook 2022



Contents

RDNA Management Committee Contacts	3
General Committee	3
ADMINISTRATION	4
General Information	4
Vision	4
Objectives	4
CÓVID 19	4
Meetings	5
RDNA Open Day	5
Working With Children Check	5
Registrations	6
Payments	7
Correspondence	8
MATCH DAY PROCEDURES	8
Filling in the Scorecard	8
Incorrect Scorecards	9
Timing Procedures	9
Umpiring	10
Green Shirt Development Program	10
Club Desk Duty	12
Grounds and Facilities	13
COMPETITIONS	13
Saturday Junior Competition	13
Saturday Senior Mixed Competition	16
Monday Night Senior Competition	18
ADDITIONAL COMPETITION INFORMATION	19
Sports Medicine Personnel & First Aid	19
Insurance	19
Sponsorship	19
RDNA COMPETITION RULES	20
Competition Overview	20
Registration	20
Colours & Uniforms	20
Team Responsibilities	22
Abandoned Games	23
Scorecards	24
Borrowed Players	24
Single Game Vouchers	25
Finals Winter Season	26
Umpiring	27
Spectators and Coaches	27
Communication Procedures	27
Game Day Incidents	28
Exceptions to the Competition Rules	28
Appendix A: NetSetGO Information	29
Appendix B: Development Information	30
Appendix C: Price List	34
Appendix D: Affiliation Fee Structure	35

Appendix E: Injuries and Insurance	36
Appendix F: Map	37
Appendix G: Codes of Behaviour	38
Appendix H: Age Exemption Request Form	45
Appendix I: Finals Time Keeper Procedures	46
Appendix J: Financial Assistance Form	48
Appendix K: Clearance Form	49
•	
	1



RDNA Management Committee Contacts

President
Nicole Brown
president@rdna.org.au

Treasurer
Dennis Ham
treasurer@rdna.org.au

Registrar	
Hazel Webb	
registrar@rdna.org.au	

Umpire Development Officer
Marie Beauchamp
umpiredevelopment@rdna.org.au

Vice President
Lisa Mansell
vicepresident@rdna.org.au

admin@rdna.org.au

Development Officer
Sam McPherson
development@rdna.org.au

General Committee

Grading Chairperson	Glen Peterson
Disputes Chairperson	Krista Stirling
Publicity Officer	Jessica Scoble
Property Officer	Nat Wotherspoon
Snr Competition Coordinator	Cara Simpson
Jnr Competition Coordinator	Nominations Open
Trophy Officer	Emma de Knegt
Events Coordinator	Rachael Davy



1. ADMINISTRATION

1.1 General Information

The Rockingham & Districts Netball Association (RDNA) provides three competitions to members:

Saturday Junior Saturday Senior Mixed Monday Women's Senior

The competitions are conducted under the authority of the RDNA. RDNA vests responsibility for the day-to-day operation and management of the competitions under the RDNA Management Committee. Subject to these rules, the RDNA Constitution and relevant operating policies, the RDNA Management Committee shall have the authority to enquire and adjudicate all questions arising out of these competitions. If a matter is not provided for in the Competition Rules, RDNA Constitution or any other relevant document, the RDNA Management Committee may make any determination after consultation with the RDNA Member Protection Information Officer (MPIO) and/or Netball Western Australia (Netball WA), where appropriate, and the decision will be final. Any participating team refusing or neglecting to abide by a decision of the RDNA Management Committee may be excluded from an RDNA competition for such a time as the Management Committee shall determine. All relevant correspondence shall be addressed to and received at the RDNA office by email to admin@rdna.org.au. All outward correspondence shall be dispatched from the RDNA office and directed to the Club Administrator/Primary contact by email or such other means unless the Club nominates another person to also receive the correspondence.

1.2 Vision

The RDNA Competitions aim to:

- Create a competition for players, coaches, umpires, and officials to develop their skills and knowledge.
- Provide opportunities for players, coaches, umpires, and officials to be talent identified for further development within the RDNA Representative Teams and Squads (see *RDNA Selection and Appointments Policy*).
- Assist in the growing of the game of netball within the Rockingham area and drive retention.

1.3 Objectives

The objective of the RDNA Competitions is to:

- Maximise the number of teams and Clubs that participate.
- Provide opportunities for netballers in the Rockingham area to compete against other Clubs.
- Develop and produce RDNA Representative players, coaches, team officials and umpires.
- Continued development of all members by providing high standards of playing, coaching, umpiring, and officiating within an age structure.
- Profile netball in Rockingham.

1.4 COVID-19

RDNA reserves the right to make alterations of this Handbook at any point to best suit the Competition and the COVID-19 protocols as directed by the W.A. State Government.



1.5 Meetings

General Meetings

They commence at 7:00pm and are held on Tuesday evenings in the RDNA office space at the Mike Barnett Sports Complex, Dixon Rd Rockingham. All members are welcome to attend the meetings; however, each affiliated club or entity team is eligible to a single vote, if a vote is called for.

2022 General Meeting dates are as follows:

22nd February 15th March 9th August

Annual General Meeting

This is held in September each year. In 2022, it will be held on a Tuesday evening, commencing at 7pm evenings in the RDNA office space at the Mike Barnett Sports Complex, Dixon Rd Rockingham.

All members are encouraged to attend. Election of new committee members, both Management and General Committees, takes place at the AGM. Additions and/or alterations to the RDNA Constitution and By-Laws are passed at this meeting.

NB: In the event of COVID-19 directives by the W.A. State Government, meetings may be allocated to a Microsoft Teams forum.

1.6 RDNA Open Day

The 2022 RDNA Open Day will be held on Saturday 29th January between 9am and 1pm at the Mike Barnett Sports Complex. All Clubs are invited to attend. The stadium will be open for set up from 8am.

The RDNA Management Committee will be available to provide information on the following:

- Registration for new and existing players
- Club administration Play HQ, team registration
- Information on Umpire Development, Green Shirt Program and Umpire Squad requirements

1.7 Working with Children Check (WWCC)

The RDNA and affiliated clubs have responsibility and obligations under the WWCC Act.

Clubs are required to keep an up-to-date record of their volunteer WWCC information. Please refer to the WWCC website for further information.



1.8 Registrations

Play HQ Training Day

January 15th – Clubs must send a delegate to a meeting with NWA and the RDNA Registrar, who will guide clubs through the process of setting up Play HQ. Time TBA.

Clubs are asked to direct any enquiries to registrar@rdna.org.au by Monday 10th January.

Please bring a laptop or device you can access Play HQ with.

Club Affiliation

Club Affiliation Forms and fee (\$20) are due to the RDNA on or before the Play HQ Training Day.

For a Club to be affiliated with RDNA we require:

- Club Affiliation Form
- \$20 fee

Registration

Clubs will need to lodge their paperwork in person to the Grading Committee Chairperson on Saturday 26th of February, 9:00am – 11:30am in the RDNA office.

For a team to be registered into a Competition we require:

- All players, coaches, team managers, scorers, timers, and committee officials to be registered on Play HQ.
- Team Registration Form
- Team Summary Form
- Team Ranking Form
- At least seven (7) players listed on each Team Registration Form
- Surnames must be in alphabetical order
- Preferred 2nd option for team name. This must be filled in (in case of clash of team names)

No Club is to alter their teams in Play HQ after Team Form Submission. Any changes after Team Form Submission must be submitted via the appropriate paperwork and submitted to registrar@rdna.org.au

To affect a team change:

- 'New Player Joining Team' or 'Withdrawing from Existing Team Form', and
- New Team Summary Form

Family Discount applies to the third and any subsequent child in one family, living at the same address. The



family name and children's names must be supplied in the table at the bottom of the form.

RDNA 2nd Comp – applies to any Junior player also participating in the Senior competition. Player name and both team names to be listed in the table at the bottom of the form. Note: A Junior player participating in the senior competition only pays Junior fees.

2nd Assoc – applies to a player that has registered at another association prior to registering with the RDNA. This primary association name must be supplied in the table at the bottom of the form.

Any queries can be directed to our Treasurer Dennis Ham <u>treasurer@rdna.org.au</u>

PLEASE NOTE:

From the first game, any unregistered players that take the court will be invoiced for a Single Game Voucher (SGV). The charge for a SGV is \$15 for each unregistered senior player and \$10 for each unregistered junior player. This will occur each week until:

- 1. The unregistered player is registered on Play HQ
- 2. The 3 SGV per unregistered player maximum is reached. Each unregistered player is limited to 3 games using SGV's.

If an unregistered player has played 3 games using SGV's, any subsequent games will result in a forfeit.

SGV unregistered players cannot be used in finals. Any money paid in SGV's is not refundable if a player registers later. Each team is limited to the use of **5** SGVs in per season. An individual fill-in player is limited to the use of **3** single game vouchers per season.

1.9 Payments

Clubs and Entity Teams must pay 100% of their registration fees by the first playing date.

All Clubs and Entity Teams that have outstanding invoices at the commencement of finals will render their team's ineligible to participate until they become financial.

Kidsport applications should be submitted to councils as soon as possible to ensure your club has the funds available before payment is due.

Please note that teams that withdraw from the competition after Paper Grading will incur a \$100 penalty.

All payments can be made by:

Direct Debit

Account Name: Rockingham & Districts Netball Association

BSB: 086 918

Acc Number: 947338493



Reference: Club name / Invoice number

Cheque

Made payable to: Rockingham & Districts Netball Association

Post: PO Box 32, Rockingham WA 6968

OR

Deposited in the letter box outside the RDNA inner office (no cash) OR

In person to the Treasurer during competition hours.

1.10 Correspondence

All Clubs will be allocated an "@rdna.org.au" email. This email address will be used for all outgoing RDNA Admin correspondence. This email address will be linked to a One Drive space where Clubs will have easy access to all RDNA Policies and Procedures, AGM and General Meeting Agendas and Minutes, and other relevant documents.

This email addresses will make use of Microsoft Teams and the Microsoft Office space more streamlined. Once these have been set up ready for 2022, Clubs will receive an email confirmation from RDNA.

2. MATCH DAY PROCEDURES – ALL COMPETITIONS

2.1 Filling in the Score Card

- 2.1.1 For each scheduled match scorecards are printed with the names or registered team members for each team.
- 2.1.2 Borrowed/fill in players must have their name written clearly on the scorecard in the 'borrowed players' section with their signature next to their name in the space provided prior to the match.
- 2.1.3 If the player is unregistered and has purchased a SGV, then 'SGV' must be written next to their name.
- 2.1.4 If the player is from a lower grade, their GRADE and TEAM NAME must be written under their name.
- 2.1.5 Remember that any individual player can only utilise **3** SGVs and each team is limited to **5** SGVs per season.
- 2.1.6 All players must have their playing positions for each quarter recorded in the designated space.
- 2.1.7 Use diagonal lines to keep score and alternate the lines each quarter.
- 2.1.8 Draw a line next to the number of goals scored to show the breakdown of scores at the end of each quarter (see sample scorecard in the Appendix).
- 2.1.9 Centre passes must be recorded. Record each centre pass with the first letter of Club or Team Name (e.g. Waikiki Aces: **A** and Settlers: **S**)



2.1.10 At the end of each match the Captain, Umpires, Scorer and Manager must check all data and sign in their designated space on the score card.

2.2 Incorrect Scorecards

- 2.2.1 Incorrect scorecards include those that are missing signatures or positions, do not correctly list borrowed players or are not returned to the RDNA office at the conclusion of the match. Incorrect scorecards can incur a forfeit penalty. Teams will receive one formal warning from the RDNA Registrar for incorrect scorecards before a penalty will be imposed.
- 2.2.2 Umpires are now required to record any warnings and/or cautions given during a game on the scorecard. They are to record the quarter in which the warning/caution was given, offending player team name and club, player position and reason.
- 2.2.3 If no positions are recorded next to a player's name in a match, the match will not count towards finals qualification.

2.3 Timing Procedures

- 2.3.1 Two manual timers are required, one from each team. One match timer for quarter times and one stoppage/interval timer.
- 2.3.2 Notify umpires when 1 minute to match start time. Additionally, audibly notify the umpires at 30 seconds and 10 seconds remaining to quarter start time.
- 2.3.3 Start match timer when Umpire's whistle starts the match.
- 2.3.4 Warn umpire audibly by saying "30 seconds" when the end of quarter is approaching, "10 seconds" then hold the timer near the umpire so they can hear the timer sound. DO NOT say "time" as the umpire MUST hear the timer sound to end the quarter. Ensure you follow the umpire without impeding their ability to officiate at full capacity.
- 2.3.5 Hold time when the umpire signals play to stop. Restart when umpire signals resumption of play.
- 2.3.6 Use the second timer to time the intervals. This must be set prior to the interval starting.
- 2.3.7 Stoppages for injury or blood are 30 seconds. Use the second timer to monitor this. The injured player must leave the court within this time.
- umpires may extend the stoppage for serious injury, equipment damage or danger.
- warn the umpire when 10 seconds of stoppage time remains
- restart the timer on the Umpires signal



2.4 Umpiring

In 2022 the RDNA Umpire Development Officer will provide the following programs:

- Green Shirt Program
- Senior and Junior Umpire Squad
- Procedure & Protocol sessions for all squad and club umpires
- Upskill opportunities
- Coaching and Development opportunities at Association and Netball WA events
- 2.4.1 The AUDO will be available for coaching and viewing upon request by emailing umpiredevelopment@rdna.org.au. Paper registrations will be accepted at the RDNA Open Day on Saturday 29th of January 2022.
- 2.4.2 Rule books, whistles, polos, tracksuits and other umpiring resources are available for purchase from the RDNA office.
- 2.4.3 All umpires are required to wear a white shirt and white, black or navy shorts/skirt. Green shirts can be worn by beginner umpires. Sporting footwear must be worn and a suitable, audible whistle is required.
- 2.4.4 All clubs must appoint a Club Umpire Coordinator and these details must be provided on the Club Affiliation Form.
- 2.4.5 Members interested in joining the RDNA Umpire Squad, coaching/mentoring RDNA umpires or assisting with Green Shirt Program should email umpiredevelopment@rdna.org.au at their earliest convenience.
- 2.4.6 Mandatory 2022 Umpire payments are as follows:

 Senior Division 1 and 2 	\$30
• Junior 17A	\$30
National C Badge	\$20
◆ Non-Badged	\$15

2.5 Green Shirt Development Program

The Green Shirt Umpiring Program is a practical umpiring course aimed at developing and training beginner umpires born 2009 and previous. Introduced to netball associations in 2007, the program has continued to grow, introducing an increasing number of individuals to umpiring and setting them on a pathway to ongoing development. As an association we are strongly encouraging young athletes to get involved, and likewise strongly encourage older and mature athletes to enrol as well. Coaches, parents and spectators alike are



encouraged to come and try their hand.

The program will run during the Winter Season. It aims to:

- Introduce interested beginner umpires to the rules and umpiring techniques of Netball.
- Make new officials easily identifiable, so that they are easy to recognise and support.
- Raise awareness of new umpires so that they can be supported and encouraged.
- Encourage and build confidence in umpiring skills.
- Assist in reducing the pressure on new umpires.
- Decrease any frustrations, verbal abuse or conflict directed towards new officials
- Educate players, spectators, coaches, and the community to create a culture of support for new officials.

The program will run for 10 weeks and comprises a mix of theory and practical components.

- The cost for the Green Shirt/ Development Program is \$70. (This includes a copy of Netball Rules Book).
- Payment is non-refundable.
- Please note that the program costs are in addition to the Foundation Umpire Course.

ALL umpires wishing to register for this course **MUST** have completed:

- Foundation Umpire Course cost TBC
- Rules of Netball Theory Exam cost TBC

Evidence of completion (certificates) are to be emailed to the AUDO

The required course and exam will be made available on the new Netball WA training website. Further information on this will be made available to clubs in 2022.

Further information on Umpire pathways and development courses can be found on the Netball Australia website under the 'Get Involved' and 'Umpiring Accreditation' tabs.

The Green Shirt course will commence on Saturday 21st of May 2022 from 8.15am to 9.30am and will run for approximately 10 weeks, concluding on Saturday 20th August.

Registration will be via Play HQ and a link will be posted on the RDNA Facebook Page and sent to Clubs early 2022.

Participants must have a whistle, rule book, hair tie/ring and a green shirt (shirts issued at first session).



2.6 Club Desk Duty

All Clubs are required to assist RDNA with Front Desk duties throughout the season.

- 2.6.1 Before the commencement of 2022 Season a roster will be emailed out to all Clubs outlining the dates that each club will be responsible for desk duties.
- 2.6.2 Clubs are responsible for ensuring that someone is present at the front desk during their allocated Saturday competition day. The Desk Duty responsibilities should be shared amongst members of your club throughout the day.

2.6.3 Beginning of the day

- Arrive and obtain scorecards from Registrar

 sort by court number and time.
- Obtain a full day fixture from the Registrar for you to answer questions such as: 'which team is playing where?'
- There is usually someone in the RDNA inner office to answer any questions you have or are unable to answer.
- Please feel free to use the office amenities, tea and coffee, toilet, fridge & microwave etc.
- Chairs for scorer and timer are to be placed inside the marked boxes along the sideline of the courts.
- Place one "Keep the Goal Line Clear" sign at the base of each indoor court
- Post pads to be sanitised and installed.

2.6.4 Commencement of each game timeslot:

Use the outdoor PA system to remind outside teams to collect score cards from the office.

2.6.5 Conclusion of each game time:

- Use the outdoor PA system to remind losing teams to sanitise post pads at the end of each time slot.
- Scorecards returned to office by the winning team, placed in "in-tray" on desk.

Procedure:

- 1. Scores to be entered on the Fixture Summary Sheet
- 2. Check off each scorecard against the Team sheets (located in files these are in team name order) and tick off each player that took the court.
- 3. Highlight any anomaly/ missing data on scorecard with highlighter pen.
- 4. Any player handwritten on scorecard to be entered on "Player fill in" sheet in green plastic sleeve.

Ensure you have received a score card from every game in each time slot. Check each fixture on the Summary sheet has scores recorded.

2.6.6 End of day:

 Use the outdoor PA system to remind outside teams to return cleaned/ sanitised post pads and chairs to the office.



- Ensure all goal posts are locked at full height. The padlocks and key are kept in a plastic tub on the duty desk see a Management Committee Member if unsure.
- Collect the "Keep the Goal Line Clear" signs from the base of each indoor court
- Ensure indoor and outdoor playing areas are left clean place any rubbish in bins and any lost property in the lost property box located in the RDNA office.

2.7 Grounds and Facilities

- 2.7.1 Bikes, scooters, skateboards, roller blades and skates are not permitted on the grounds during training and competitions for safety reasons.
- 2.7.2 Litter is an issue at the grounds. There are numerous bins, for general rubbish and recycling, around the grounds. Please ensure that when you leave an area, you do not leave any litter behind.
- 2.7.3 No alcohol or illegal substances permitted on the grounds. No player, coach, team official or umpire permitted to engage in the RDNA competitions while under the influence of alcohol or illegal substances. Members suspected of acting under the influence of alcohol will be asked to leave the court and Mike Barnett Sports Complex immediately.
- 2.7.4 In alignment with the Smarter than Smoking Healthways sponsorship of Netball WA, the RDNA is a SmokeFree venue. If you wish to smoke, please do so outside the fenced area of the outdoor courts, away from the doors/gates and walkways.

3 COMPETITIONS

3.1 Saturday Junior Competition

Provides Club netball participation for players, coaches, and officials. The strict age structure is as follows:

Age Group	Birth Years
Set	2014, 2015
GO	2012, 2013
12/U	2010, 2011
13/U	2009
14/U	2008
15/U	2007
17/U	2005, 2006

3.1.1 Age Exemptions

The age structure for the junior competition is a strict format, designed to ensure all players at the RDNA are taught the skills, strategies and tactics as outlined in the Netball Australia Skill Development Framework. There are no exemptions for Set or GO players. Exemption criteria for 12/U upwards are as follows:



- 1. School based clubs entering school grade level teams (we encourage schools to try to adhere to the age structure, particularly Primary School Clubs)
- 2. Small clubs or entity teams
- 3. Exceptional athletes (e.g., WANL underpinning, State Team or higher)
- 4. Extenuating circumstances

In all instances, the maximum number of age groups a player will be exempt to exceed is one. For example, a 14-year-old selected in WANL underpinning will be eligible to play in the 15/U competition, after approval of an exemption request.

All exemption requests must be made using the Exemption Request Form in the Appendix and must be submitted to admin@rdna.org.au. Approval for an exemption must be received before the player can be added to a team form.

3.1.2 Fixtures:

Will be drawn by the RDNA Registrar and made available on Play HQ and the RDNA Website.

3.1.3 Match Fees:

Apply to all teams playing indoors and is payable to the MBSC Office. The fee must be paid BEFORE the match. The junior fee is \$33.00, NSG fee is \$22.00 (subject to change by the MBSC). MBSC Policy dictates that a team may be refused permission to take the court, and a forfeit shall be recorded in the event of unpaid fees – additional fees may apply.

3.1.4 Scorecards:

Are to be collected from the RDNA Office by the first mentioned team on the fixtures. At the conclusion of the game, the completed scorecard must be returned to the RDNA Office by the winning team and placed in the tray at the front desk.

3.1.5 Scorers and Timekeepers:

Must be seated side by side for the duration of the match. On the indoor courts, they must both be seated at the desk provided. On the outdoor courts, they must be seated or stood in the marked boxes on the sideline.

The first mentioned team must provide a scorer. The second mentioned team must provide the timekeeper.

The scoring team must provide a clip board for the scorecard.

3.1.8 Competition Ladder:

Will be displayed on the RDNA Website and Play HQ.

3.1.9 Umpire

Each team must supply their own competent umpire. The AUDO may choose to allocate squad umpires or Green Shirt Program umpires to games or divisions at their discretion. Clubs will be notified in this instance.



Failure to supply an umpire may result in a fine or loss of championship points.

Please ensure your umpire has the appropriate skills to umpire the grade allocated and is in the correct attire.

3.1.10 Coaches

All coaches registered to coach teams in the RDNA Junior Competition must have at minimum, a current Foundation Accreditation. The RDNA Development Officer will check the accreditation register to ensure all Clubs adhere to this requirement.

3.1.11 Match Duration

Set	8min quarters, 2min quarter time, 3 min half time & 2min 3/4 time
GO	10min quarters, 2min quarter time, 3 min half time & 2min ¾ time
12/U – 17/U	15min quarters, 2min quarter time, 3 min half time & 2min 3/4 time

3.1.12 Competition Venue

All matches will be played at the Mike Barnett Sports Complex, corner of Dixon Road and Goddard Street in Rockingham WA, 6168.

3.1.13 Match Dates and Times

- (a) Matches will be fixtured on Saturdays for fifteen (15) weeks of home and away matches and three (3) weeks of finals, there could be two (2) weeks of finals dependent on the number of teams in the grade.
- (b) The competition dates are as follows:

Round	Date		
1	2 nd April		
2	9 th April		
APRIL SCHOOL HOLIDAYS			
3	30 th April		
4	7 th May		
5	14 th May		
6	21st May		
7	28th May		
GENERAL BYE - ASSOCIATION CHAMPIONSHIPS			
8	11th June (Crazy Sock Day)		
9	18 th June		
10	25th June (NAIDOC Round)		
JULY SCHOOL HOLIDAYS			
11	23 rd July		
12	30 th July		
13	6th August		
14	13 th August		
15	20th August		
Semi Final	27th August		
Preliminary Final	3 rd September (R U OK Day)		



Grand Final 10th September

(c) Matches will be played across the following time slots (subject to change):

Set	8:00am	8:45am
GO	8:45am	10:00am
12/U	12:30pm	1:45pm
13/U	12:30pm	·
14/U	10:00am	
15/U	11:15am	
17/U	10:00am	

3.2 Saturday Senior Mixed Competition:

Provides Club netball participation for adult players, as well as coaches and officials. The strict age structure is as follows:

<u>Participants</u>	Birth Years
Female	2004 and earlier
Male	2006 and earlier

3.2.1 Fixtures

Fixtures will be drawn up by the RDNA Registrar and Clubs will be notified by email once the fixtures are live on Play HQ and the RDNA Website.

3.2.2 Match Fee

Applies to all teams playing indoors and is payable to the MBSC management via the MBSC office.

This fee must be paid in full before the scheduled match start. Senior Fee is **\$42.00** (subject to change by the MBSC). MBSC Policy states that a team may be refused permission to take the court, and a forfeit shall be recorded in the event of unpaid court fees. Additional fees may apply.

3.2.3 Scorecards

Are to be collected from the RDNA Office by the first mentioned team on the fixtures. At the conclusion of the game, the completed scorecard must be returned to the RDNA Office by the winning team and placed in the tray at the front desk.

3.2.4 Scorecards and Timekeepers

Must be seated side by side for the duration of the match. On the indoor courts, they must both be seated at the desk provided. On the outdoor courts, they must be seated or stood in the marked boxes on the sideline.

The first mentioned team must provide a scorer. The second mentioned team must provide the timekeeper.

The scoring team must provide a clip board for the scorecard.

3.2.5 Competition Ladder

Will be displayed on the RDNA Website and Play HQ.

3.2.6 Umpire



Each team must supply their own competent umpire. The AUDO may choose to allocate squad umpires or Green Shirt Program umpires to games or divisions at their discretion. Clubs will be notified in this instance.

Failure to supply an umpire may result in a fine or loss of championship points.

Please ensure your umpire has the appropriate skills to umpire the grade allocated and is in the correct attire.

3.2.7 Team Composition

In a mixed competition, only 3 male players can take the court and once and must be spread across the three playing areas as follows:

Playing area 1 GA or GA
Playing area 2 WA, C or WD
Playing area 3 GD or GK

3.2.8 Match Duration

15min quarters, 2min quarter time, 3 min half time & 2min 3/4 time

3.2.9 Competition Venue

All matches will be played at the Mike Barnett Sports Complex, corner of Dixon Road and Goddard Street in Rockingham WA, 6168.

3.2.10 Match Dates and Times

- (a) Matches will be fixtured on Saturdays for fifteen (15) weeks of home and away matches and three (3) weeks of finals, there could be two (2) weeks of finals dependent on the number of teams in the grade.
- (b) The competition dates are as follows:

Date
2 nd April
9 th April
AYS
30 th April
7 th May
14 th May
21st May
28 th May
CIATION CHAMPIONSHIPS
11th June (Crazy Sock Day)
18th June
25th June (NAIDOC Round)
AYS
23 rd July
30 th July
6th August
13 th August
20th August
27th August



Preliminary Final 3rd September (R U OK Day)

Grand Final 10th September

3.3 Monday Night Senior Competition:

Provides Club netball participation for players, coaches and officials. The strict age structure is as follows:

<u>Participants</u> Birth Years Female 2008 and earlier

3.3.1 Fixtures

Fixtures will be drawn up by the RDNA Registrar and Clubs will be notified by email once the fixtures are live on Play HQ and the RDNA Website.

3.3.2 Match Fee

Applies to all teams playing indoors and is payable to the MBSC management via the MBSC office.

This fee must be paid in full before the scheduled match start. Senior Fee is **\$42.00** (subject to change by the MBSC). MBSC Policy states that a team may be refused permission to take the court, and a forfeit shall be recorded in the event of unpaid court fees. Additional fees may apply.

3.3.3 Scorecards

Are to be collected from the RDNA Office by the first mentioned team on the fixtures. At the conclusion of the game, the completed scorecard must be returned to the RDNA Office by the winning team and placed in the tray at the front desk.

3.3.4 Scorecards and Timekeepers

Must be seated side by side for the duration of the match. On the indoor courts, they must both be seated at the desk provided. On the outdoor courts, they must be seated or stood in the marked boxes on the sideline.

The first mentioned team must provide a scorer. The second mentioned team must provide the timekeeper.

The scoring team must provide a clip board for the scorecard.

3.3.5 Competition Ladder

Will be displayed on the RDNA Website and Play HQ.

3.3.6 Umpire

Each team must supply their own competent umpire. The AUDO may choose to allocate squad umpires or Green Shirt Program umpires to games or divisions at their discretion. Clubs will be notified in this instance.

Failure to supply an umpire may result in a fine or loss of championship points.

Please ensure your umpire has the appropriate skills to umpire the grade allocated and is in the correct attire.



4 ADDITIONAL COMPETITION INFORMATION

4.1 Sports Medicine Personnel and First Aid

Teams must have their own up to date first aid kit for minor first aid including bandaids and ice packs (RDNA do not provide). Major injuries are to be referred to the St John Ambulance via phoning 000 or visiting the Emergency Department at the nearest hospital. The RDNA strongly advise Clubs to promote first aid training for personnel.

- (b) If a player sustains an injury or illness and is required to miss games, then the Club is required to provide RDNA with written verification for the player to be granted an exemption to minimum number of games played by each player.
- (c) It is the Club teams' responsibility to ensure athletes have gained clearance to play from the appropriate medical practitioner whose primary employment role is to diagnose the relevant injury/illness sustained by the athlete. RDNA will from time to time request a copy of a player's clearance from major injury, but not limited to, for its records.

4.2 Insurance

- (a) Only players who are registered as a member of their Club for the 2022 calendar year on the Play HQ system are covered under the Netball Australia's National Insurance Policy.
- (b) The insurance program used by NWA is V-Insurance Group. For further information:

Website: https://netball.vinsurance.com.au/

Phone: 1300 945 547

Email: netball@vinsurancegroup.com

4.3 Sponsorship

For all regulations bounding sponsorship, please email the RDNA admin@rdna.org.au for guidance.





5 RDNA COMPETITION RULES

5.1 Competition Overview

- 5.1.1 All teams will be graded by the RDNA as per the Grading Policy.
- 5.1.2 Age to be calculated as at December 31 of the current year. Juniors under the age of 14 who wish to participate in the Senior Competition can do so only after an application has been received and approved by two RDNA Management Committee members.
- 5.1.3 The RDNA Management Committee will schedule playing times for both competitions. There will be no postponements of matches (see abandoned games).
- 5.1.4 The rules shall be those of the Netball Australia "Official Rules of Netball' rule book.
- 5.1.5 The RDNA offers a Spring Competition.
 - (a) The Junior Spring season is a short social season. Some grades may consist of mixed age groups and there are no ladders or finals.
 - (b) The Senior Spring competition is like the winter with the competition structure confirmed and published prior to the season's commencement.

5.2 Registration

- 5.2.1 Individual registrations are as per the RDNA Registration Policy and Procedures.
- 5.2.2 Teams must register a team name that consists of no more than 10 letters. No teams in the same competition may have the same team name.

In the event a team name is registered more than once – an alternative team name is to be provided. If required, contact RDNA for team name clarification.

5.2.3 Players who wish to transfer to another club, after the commencement of competition, must complete and submit a Team Change Form and/or a Player Clearance Form to the RDNA Management Committee for approval prior to registering with the new club.

5.3 Colours and Uniforms

- 5.3.1 Each club within the Association shall register the style and colour(s) of its club uniform with the RDNA. No club shall have exclusive use of a specific colour or colours. The purpose of registering a club uniform is to ensure that there is no conflict of style and colours with a pre-existing club. Uniforms must be clearly distinguishable as to identify a particular club.
- 5.3.2 Any new club(s) applying for admission to the RDNA or any existing club that wishes to change their registered uniform must present particulars of uniform style and colour to the RDNA for distribution to existing clubs for their approval and endorsement.
- 5.3.3 Any club acquiring sponsorship and intends to display the sponsor's logo and/or message must first seek approval from the RDNA Management Committee.



- 5.3.4 Playing uniforms may consist of:
 - a) Playing dress, skirt or shorts (preferably pocket free) & club polo/t-shirt/playing singlet
 - b) Head coverings such as a Hijab (with reference to the Netball WA Multicultural Uniform Guide attached).
 - c) Long sleeve top and/ or long sleeve leggings (with reference to the Netball WA Multicultural Uniform Guide).
- 5.3.5 Clubs are permitted to offer uniform options within their registered uniform to their players. However, if a club provides uniform options for their members, all uniform options should result in players in the same team being easily recognised as being in the same team/club (i.e. if some players choose to wear shorts/top combination and others a dress they should still be easily recognisable as the same team/club with the colours and design)
 - a) If a club has any player/s requesting to wear shorts or other items of clothing that do not form part of their club's approved registered uniform options, the club will need to submit a design and colour to the Association, for approval. (The apparel will need to match the approved club design and colours to the approved registered uniform).
 - b) Players may wear sports briefs, boy legs, bike shorts or leggings under playing dress/skirt in black.
 - c) The dress/skirt should cover the hemline of the bike shorts.
 - d) Sports briefs must be full coverage and not be visible below hemline of dress or skirt.
 - e) Leggings or long sleeved t-shirts worn under uniform must be black in colour.
 - f) Players should not wear anything that could endanger themselves or other players such as pockets, zippers, hoods or large hair clips.
- 5.3.6 Soft brimmed sun protection visors may be worn. Hard brimmed sun visors are not permitted on court. The Association has the discretion to decide when a visor brim is too hard to be allowed on court.
- 5.3.7 No adornment or jewelry may be worn other than a wedding ring, medical alert bracelet/necklace, which shall be covered with tape in accordance with the official Rules of Netball 2020 Edition, rules 5.1.1 (iv) a & b. Any other instance of jewelry will require a letter of approval from RDNA. Applications made in writing to admin@rdna.org.au Taping of earrings is not permitted.
- 5.3.8 Fingernails must be short and smooth in accordance with the official Rules of Netball 2020 Edition Rule 5.1.1 (iv) c.
 - a) Players may wear close fitting sports gloves BUT must still have short and smooth fingernails as stated in point 3.8.
 - b) Before the start of a game, umpires must approve sporting gloves that are being worn.
- 5.3.9 When a club has two or more teams in one grade, the club must have an alternative colour bib available for use when two club teams are playing one another to differentiate between the two teams.
- 5.3.10 Clubs changing to a new approved uniform are allowed one season to do so. During this period, a club making a change over to a new approved uniform is permitted to have teams with players wearing either the old or new uniform provided the uniforms are of similar appearance, but after this period, all players must adhere to the new approved club uniform.
- 5.3.11 RDNA will wherever possible make exceptions for other items of clothing that are worn for religious, cultural, medical or other inclusive reasons.
 - a) Where circumstances exist, such as religious, cultural, medical or other inclusive reasons, an annual written application should be submitted for approval by the uniform coordinator/committee of the Club for Association approval.



5.3.12 RDNA Umpires and Officials have the right to refuse a player to take the court if they do not meet the uniform criteria described in this document.

PENALTY: Failure to be dressed in the correct uniform or adhere to the specific uniform requirements stated in the Competition Rules will result in the player(s) being unable to participate in the game and they will be asked to comply with the required uniform standards before being allowed to take the court.

The RDNA does allow two playing dates for a <u>new</u> player to acquire the correct uniform; however, the player is required to be wearing a top and skirt/skorts/shorts or dress of similar colour to the uniform to be eligible to take the court.

5.4 Team Responsibilities

5.4.1 No team may take the court with fewer than five registered team members. A replacement player borrowed from another team within the club and/or a player utilizing a single game voucher are not considered registered team members and thus do not constitute one of the five required players.

PENALTY: The game will be declared a forfeit.

- 5.4.2 The names of all players participating in the match must be written on the scorecard together with each player's signature **prior to the captains and officials signing off on the scorecard at the completion of the game**.
- 5.4.3 At the completion of the game the scorecard must be signed by the Team Captains, Bench officials and Match Officials.
- 5.4.4 Penalties apply to teams who do not complete the scorecard requirements.

PENALTY: For incomplete scorecard:

Any Team that has not filled out the scorecard correctly will be issued a warning, in writing, from the RDNA Registrar. Any repeat infringements will result in a forfeit game.

If the game is a final then the game will be awarded to the non-offending team.

* Grace period of 1 week granted to NEW clubs only.

- 5.4.5 Correct completion of scorecard also applies to NetSetGO matches, although penalties will not apply as championship points are not tallied at this level.
- 5.4.6 Each team shall have a match ball available and supply a bench official to be seated at the score bench for each home and away round.
- 5.4.7 The first mentioned (home) team will score and the second mentioned (away) team will be the timekeeper. Both bench officials will be seated together central to the court between the two team benches.
- 5.4.8 The home team bench will be to the left of the scorers and the away team bench will be to the right of the scorers.
- 5.4.9 In the event of a team being late, the umpires will signal a 30 second warning. If at the end of the 30 seconds, the team has not yet arrived the umpires will declare the game a forfeit.

Refer International Federation (INF) Rules of Netball 8.1.1



PENALTY: The game will be declared a forfeit. If the game is a final then the game will be awarded to the non-offending team. Forfeit fines will be incurred.

5.5 Points and Forfeits

- 5.5.1 Points system to be 3 points for a win, 2 points for a draw, 1 point for a loss and 0 points for a forfeit.
- 5.5.2 The RDNA will provide and maintain competition ladders for Competition Grades each season to be placed on the RDNA website. (Refer RDNA Grading Policy and Procedures)
- 5.5.3 In the event of a forfeit, ten (10) goals and three (3) points are awarded to the non-forfeiting team. 0 goals and 0 points recorded for the forfeiting team.
- 5.5.4 In the event of teams being on level points before semi-finals and finals, the position shall be determined by the percentage of goals scored for and against.
- 5.5.5 In the event of a **forfeit**, it is the responsibility of the forfeiting team to ensure the forfeit process is completed correctly:
 - a. A member from the forfeiting team must follow the process thoroughly for the forfeit to be valid.
 - b. All steps required in the forfeit process are supplied via the Forfeit Procedures tab found on the RDNA Website: www.rdna.wa.netball.com.au
 - c. These steps include, but are not limited to, advising all relevant parties of the forfeit:
 - The Club contact person of the opposing team.
 - The team Umpire.
 - The Umpire Development Officer for a division that has a squad umpire allocated.
 - The RDNA Administrator and Registrar
 - The Management of the Mike Barnett Sports Complex if playing indoors.
- 5.5.6 Teams will incur a forfeit fine as determined by the Mike Barnett Sports Complex regardless of notification time. The fine is payable to the Mike Barnett Sports Complex.
- 5.5.7 If text message or voicemail is used to notify non-forfeiting team, the notified party must respond to the text message or voicemail to confirm receipt of the notification.
- 5.5.8 Notification must be made no less than one (1) hour prior to the scheduled start time of the match:

PENALTY: In the event of less than 2 hours notice;

The forfeiting team will incur the MBSC forfeit fine and must pay both umpires scheduled to officiate the forfeited match.

5.5.9 The forfeited match is to be deemed a qualifying game for finals for the non- forfeiting team.

5.6 Abandoned Games

- 5.6.1 In the event of a directive being issued by the Umpire Development Officer and/or an RDNA Management Committee member that a match be abandoned due to unsafe playing conditions (ie: adverse weather):
 - a) If game is abandoned before half time, the match shall be declared a draw (10-10). Both affected teams shall have 2 points and 10 goals recorded.
 - b) If game is abandoned after half time, the score at the time of abandonment will stand as the final score.



- 5.6.2 If the affected match is a final the game shall be rescheduled to be played at the first available time. The Umpire Development Officer shall allocate umpires.
- 5.6.3 Where a game which is not completed due to one team leaving the court or having less than five original registered team members available to play, the game will be considered a forfeit by the team abandoning the game.

5.7 Scorecards

5.7.1 Each team is responsible for completing the relevant sections of the scorecard **prior to the captains and officials** signing off on the scorecard at the completion of the game._

All players must;

- Ensure their full name is on the scorecard
- Place their signature next to their name
- Have their playing positions recorded for each quarter. If seated on the bench then a 'B' or a dash is recorded.
- a) Borrowed players are to write their full name, team and grade on the scorecard in the 'Borrowed Players" section, place their signature next to their name and have their playing positions recorded for each quarter;
- b) Players utilizing a Single Game Voucher (SGV) are to write their full name and 'SGV' on the scorecard in the "Borrowed Players" section, place their signature next to their name and have their playing positions recorded for each quarter.

PENALTY: An incorrect scorecard will incur a loss of up to 2 championship points for Home and Away matches and is dependent on the error/oversight. If the game is a final then the game will be awarded to the non-offending team. Forfeit fines will be incurred.

5.8 Borrowed Players

5.8.1 A club that enters two or more teams in the RDNA is permitted to transfer players from a lower grade to participate in a match. Any one player can only be transferred to a higher grade **twice** in a season.

PENALTY: If a player from a lower grade is found to be playing in the higher grade more than twice, the offending team shall forfeit the game.

5.8.2

REGISTERED GRADE	PERMISSABLE REPLACEMENT GRADE
Set – Non-competition*	Any Set or Go grade
Go – Non-competition*	Any Set or Go grade
12/U Competition	Any higher 12/U grade and any 13/U grade.
13/U Competition	Any higher 13/U grade and any 14/U grade
14/U Competition	Any higher 14/U grade and any 15/U grade.
15/U Competition	Any higher 15/U grade and any 17/U grade.
17/U Competition	Any higher 17/U grade
Monday Night Senior Competition	Any higher senior division.

^{*}Scores are not recorded for these games and RDNA will not provide a ladder.



- 5.8.3 Permission needs to be sought from the RDNA Management Committee, in writing, for consideration of a Go Tier Player to act as a borrowed player in a low graded U/12 game. This will only be considered in extenuating circumstances.
- 5.8.4 A registered team member must take the court in preference to an upgraded player. All registered team members must be on the court and can only be replaced by an upgraded player in the case of injury or withdrawal. Players **cannot** be upgraded between the Junior Competition and the Senior Competition or Mixed Competition.
- 5.8.5 Clubs have a responsibility to ensure that an upgraded player is both physically and emotionally capable to compete in the higher grade. Any other upgrades may be permitted upon application to the RDNA Management Committee. **NO player may play in a lower grade.**
- 5.8.6 No interchange of players is allowed in the same grade except for the Set and Go Non-competition grades.

PENALTY: The offending team shall forfeit the game.

- 5.8.7 A Club that wishes to transfer a player from the team to which they are registered, to another team within the Club must submit team change paperwork to the RDNA Administrator and Registrar *(refer RDNA Grading Policy)*.
- 5.8.8 A team cannot borrow a player who is registered to another club to play in the same RDNA competition.
- 5.8.9 A player is only permitted to play two (2) games (8 quarters) in one competition day.

5.9 Single Game Vouchers

5.9.1 A team that has less than seven players available for a match must attempt to borrow a player from a lower grade registered with their club **before** utilising a Single Game Voucher (SGV).

PENALTY: If found to be in breach of rule 5.9.1, the game will be declared a forfeit.

- 5.9.2 In the event of a team being unable to source players from a lower grade within their club, a non-registered player is permitted to participate in either Association competition by utilizing a Single Game Voucher (SGV).
- 5.9.3 The skill level of a player using a SGV must be commensurate to the division they are to participate in.
- 5.9.4 A player using a SGV is not deemed to be a registered player with the RDNA and hence the game played with a SGV is not considered to be a qualifying game for the player to participate in finals.
- 5.9.5 Individuals are permitted a <u>maximum of three (3) SGV's per season</u>, regardless of which team or club they are playing for.
- 5.9.6 A team is permitted to use a maximum of five (5) SGV's per season.

PENALTY: A team that exceeds the maximum limits of Individual player or team SGV's will have the game(s) where the maximum was exceeded declared a forfeit.

5.9.7 The cost of a SGV will be determined by the RDNA Management Committee in that playing season. A player who has competed by use of a SGV can register at any time during the season with no reduction in the scheduled fee.



- 5.9.8 Single Game Voucher (SGV) payments are to be made by placing the correct amount in the SGV envelopes provided outside the RDNA office. Clubs are permitted to request an invoice from the RDNA treasurer for SGV payments.
- 5.9.9 An RDNA member who intends playing between RDNA competitions can use an RDNA voucher for the intended match in accordance with the rules set out in this document.
- 5.9.10 A player who is participating in a match by use of a single game voucher must write 'SGV' next to their name on the scorecard in the Borrowed Players section of the scorecard. Refer to Borrowed Players.
- 5.9.11 A SGV player is not permitted to take the court over and above a registered team member.

5.10 Finals Winter Season

- 5.10.1 The top four teams on the competition ladder at the completion of all scheduled home and away rounds will participate in finals. The RDNA Management Committee together with the relevant Competition Coordinators will schedule times and courts for finals. A registered player must have participated in seven matches (or matches equivalent to one round in their respective grade) to be eligible to play in a final.
- 5.10.2 Borrowed players for finals matches must be registered with the RDNA and have participated in seven matches (or matches equivalent to one round in their respective grade) for their club to be considered eligible to play in a final. Clearance must be sought and given by the RDNA Management Committee in all circumstances.
- 5.10.3 In the event that a club has no teams in a lower division but has a team that has competed in the same division, that has not qualified for finals, the club may utilize a player or players from the non-qualifying team in the event that they do not have seven registered players from the original team available for the game. Clearance must be sought and given by the RDNA Management Committee in all circumstances.

5.10.4 Procedures:

- All finals will be individually timed.
- The RDNA will pay the prescribed team fee for each team competing in a Grand Final.
- The RDNA will pay the umpires fee for each of the Grand Final matches.
- Clubs are to be responsible for the allocation of suitably qualified umpires for the Semi- Final, unless otherwise directed by the RDNA AUDO.
- The RDNA AUDO will roster umpires for the Preliminary Final and Grand Final.
- All teams will provide a match ball and Bench Officials.
- The first mentioned team will sit to the left of the score bench and the second mentioned team will sit to the right.
- Injury and illness procedures will be as per the official rule book.
- In the event of a draw in any final the following will apply;
 - At the completion of the fourth quarter there will be a **3 minute interval**, both teams may make substitutions and/or team changes.
 - At the conclusion of the 3 minute interval there will be two 7 minute halves with a 1 minute half time. Substitutions and/or team changes permitted. Normal injury/ illness procedures apply.
 - o If at the end of the 14 minutes the match is still a draw the game will continue until one team has a **2 goal advantage**.



5.11 Umpiring

- 5.11.1 Teams registering with the Rockingham and Districts Netball Association will be required to provide one umpire to officiate their match. The umpire must possess the necessary skills and experience to officiate the division in which the team competes.
- 5.11.2 The RDNA AUDO will allocate umpires to certain divisions. These divisions are selected at the discretion of the AUDO. Teams must renumerate allocated umpires the amount to be determined by the AUDO prior to the commencement of each season.
- 5.11.3 All umpires must wear a white shirt and/or jacket, or a green "trainee" shirt (Green Shirt Program participants). It is preferable that umpires wear white shorts or skirts however black or navy shorts or skirts are acceptable. No denim. All umpires must also wear non-marking sole sports shoes.

PENALTY: Failure of an umpire to be in correct uniform will result in the team to which the offending umpire is representing incurring a \$20.00 fine. The fine must be paid prior to the next scheduled playing date.

5.11.4 If an umpire is not present at the commencement of a game, the affected team should notify their club official and/or the AUDO.

PENALTY: For non-attendance umpiring a loss of two (2) championship points and a \$20.00 fine shall be incurred by the offending team.

- 5.11.5 Any player(s) that are sent from the court for the duration of any given match for engaging in behaviour not in the spirit of the game will incur mandatory reporting to the Disputes Committee (refer Disputes Policy/Procedures) by one or both of the umpires officiating the match.
- 5.11.6 A team coach who chooses to umpire their teams match must forfeit the right to coach the team for the duration of the match.

PENALTY: The game will be declared a forfeit in favour of the non -offending team. Refer Points and Forfeits

5.12 Spectators and Coaches

- 5.12.1 Spectators and coaches are not permitted to move along the sidelines during a game (NetSetGO exempt, see 5.12.5).
- 5.12.2 Spectators and coaches are not permitted to stand on the baseline during a game
- 5.12.3 Spectators are not permitted to coach, but rather to encourage and support their team
- 5.12.4 Spectators and coaches are expected to adhere to the relevant Codes of Behaviours set by RDNA.
- 5.12.5 For NetSetGO, spectators are not permitted to move along the sidelines. Coaches are permitted to move up and down the sideline only to provide feedback to players. Within reason, and as appropriate, enter the field of play to provide players with immediate feedback as required, provided it does not impede the play. They must exit the court quickly and not impede the umpires.

Refer to Codes of Behaviour in Appendix

5.13 Communication Procedures

- 5.13.1 All communication with regards to competition is to be forwarded directly to your club and not to RDNA Offices.
- 5.13.2 Your Club President or Representative will take your concerns or queries to RDNA Management Committee if your club is unable to assist you directly and deems it necessary to seek clarification, or consultation from RDNA.



5.14 Game Day Incidents

5.14.1 Please refer to the *RDNA Complaints and Disputes Policy* or contact the RDNA MPIO for support or guidance in handling concerns arising from game day incidents.

5.15 Exceptions to these Competition Rules

The RDNA Management Committee understands and appreciates that clubs may from time to time be presented with a situation or circumstance that cannot be resolved without contravening these Competition Rules. A written application to the RDNA Management Committee stating the situation or circumstance can be lodged for consideration and determination by the RDNA Management Committee.









Appendix A: NetSetGO Information

Suncorp NetSetGO is a fun and safe introduction to netball and is the best way for girls and boys aged 5 to 10 to have fun with their friends, keep active and learn the basic skills of netball in a safe and social environment.

Netball WA and the Gold Industry Group are committed to the sustainability of the sport from the grassroots through to the elite. As the Associate Partner of the Suncorp NetSetGO program, the Gold Industry Group's support will ensure participants across the State stay involved with the sport, while also encouraging new participants to get involved with netball.

In 2022, all Suncorp NetSetGO tiers are the responsibility of Clubs as a NetSetGO grassroots level program.

Net teaches fundamental motor skills and netball skills through dance, activities and games. The Net tier has a minimum entry age of 5 years and may be offered to children up to the age of 10 years.

Set focuses on refining fundamental motor skills and introducing modified netball matches. The Set program has a minimum entry age of 7 years old and is recommended for children ages 7-8 years.

GO focuses on developing netball specific skills through modified netball matches. The GO program has a minimum entry age of 9 years and is recommended for children aged 9-10 years.

Each Club at RDNA who chooses to enter a team in Set or GO or plans to run a Net Program must register as a 2022 NetSetGO centre through Netball WA. Through this process clubs are required to appoint a **NetSetGO Coordinator**. This individual is expected to hold, at minimum, a current Foundation Accreditation and should be upskilling NetSetGO coaches within their club.

RDNA will run a short Net Program in 2022 and a NetSetGO Clinic during NetSetGO Week.



Appendix B: Development Information

Club Level Player Development Opportunities:

NetSetGO

A NetSetGO clinic be held in the July school holidays. In June, the RDNA will run a short Net Program.

11s Development

A short development program for registered RDNA athletes born in 2011. The program aims to bridge developmental gaps in fundamental skills required to be successful for trials to 12/U Representative Teams in 2023.

Clinics and Programs

Throughout the year, the RDNA will schedule clinics and programs to target building capacity for players or coaches in the Netball Australia Skill Development Framework. These will be advertised via the RDNA Facebook Page and/or RDNA Website and sign up will be via Play HQ.

Club Level Coach Development Opportunities:

Intermediate Fault Detection and Correction Workshop

11th May 2022 6pm – 8pm Free @RDNA

Description

This workshop has been designed to empower coaches to detect faults and correct intermediate level skills. The ability to provide timely corrective and positive feedback. Coaches will develop the ability to detect faults and correct techniques, to promote the development of skills.

Requirements

Current Development or Intermediate Accreditation AND current affiliation with RDNA.

Duration

This is a 2hour workshop facilitated by a Netball WA approved presenter. There is no expectation or requirement for coaches to lead or conduct any practical and theoretical aspect of the workshop, however, coaches will be given the opportunity to contribute to this workshop without being assessed in any way.

Attendance Numbers

6 -15 coaches

Development Fault Detection and Correction Workshop

Wednesday 4th May 2022 6pm – 8pm Free @RDNA

Description

This workshop has been designed to empower coaches to detect faults and correct development level skills. Develop the ability to provide timely corrective and positive feedback. Develop the ability to detect faults and correct techniques, to promote the development of skills.

Requirements

Current Foundation or Development Accreditation AND current affiliation with RDNA.

Duration

This is a 2hour workshop facilitated by a Netball WA approved presenter. There is no expectation or requirement for coaches to lead or conduct any practical and theoretical aspect of the workshop, however, coaches will be given the opportunity to contribute to this workshop without being assessed in any way.

Attendance Numbers

6-15 coaches

New Coaches Workshop

Wednesday 2nd February 2022 5.30 – 8.30pm Free @RDNA

Description

This workshop covers:

• Step by step guide on writing a training session and - how to deliver it.



- · Keeping it interesting and engaging for your players
- · Gameday Coach behaviour

Develop the ability to teach the basic skills of netball from Net Set Go (7-10yrs) and Juniors (11 -13yrs). Learn how to progress a skill in 5-steps. Learn how to manage parents/supporters.

Requirements

New coaches/assistant coaches with current Foundation or Development accreditation AND current affiliation with RDNA

Duration

This is a 3hour workshop facilitated by a Netball WA approved presenter. Coaches will be taken through a step-by-step guide to surviving a full season of netball. There is no assessment involved. no pass or fail.

Attendance Numbers

6-30 coaches

Accreditations at RDNA

Development Face to Face Accreditation Course Saturday 19th February 2022 8.30am – 1pm @ RDNA

Representative Level Development Opportunities and Higher:

Representative Teams

The RDNA selects teams to represent the RDNA at the Netball WA Fuel to Go and Play Association Championships.

Trials:

12/U (2010)	Sun 6 th Feb	8:15am – 10:15am
13/U (2009)	Sun 6 th Feb	11:30am - 1:30pm
14/U (2008)	Sun 6 th Feb	2:30pm – 4:00pm
16/U (2007, 2006)	Sun 13 th Feb	11:30am – 1:30pm
20/U (2005, 2004, 2003, 2002)	Sun 13 th Feb	8:15am – 10:15am
Open (2001 & earlier)	Sun 13 th Feb	2:30pm – 4:00pm
Masters (1987 & earlier)	Sun 13 th Feb	2:30pm – 4:00pm

Cost to trial: \$15.00 Registration: Play HQ

- Athlete check in 15mins prior to trial start time.
- Athletes must wear plain dark shorts and a plain white or black t-shirt.
- Bring large drink bottle, recovery snacks and a sweat towel.

Parent Information Session:

Saturday 29th of February, 1:30pm - 2:30pm

Wednesday Rep Training:

Time Slot 1, 4:30pm – 6:00pm 12U, 13/U, 14/U (subject to change)

Time Slot 2, 6:00pm – 7:30pm 16/U, 20/U, Open & Masters (subject to change)

NWA State Cup 20/U

The purpose of the NWA State Cup Competition is to provide the opportunity for the Players, Coaches and Umpires in the Metro and Aboriginal Academy Teams, Metro Association Teams (20U Division only) and Regional Academy Teams to compete against each other. The State Cup sits within the NWA Competition Pathway and is one of the selection points for Players, Umpires and Coaches into next level of programs and pathways. The RDNA will hold a trial for the State Cup 20/U team after the Fuel to Go and Play Association Championships.

RDNA Academy



The RDNA ADO will lead talent identification to select talented coaches and athletes to join the RDNA Academy. This is an Association level talent development program for athletes in the 14/U and 16/U age groups who demonstrate strong potential for future selection to the Netball WA Metro Academy Program. This is, in essence, an underpinning program for the Netball WA Metro Academy. This program will commence after the Fuel to Go and Play Association Championships. There is no trial or application, this is a TID pool of athletes and coaches. More information to come in 2022.

Coach Accreditation

The Netball WA Website is your point of reference for coach accreditation courses. The RDNA ADO can provide mentoring to coaches who wish to pursue the pathway through the calendared clinics and programs. Please email development@rdna.org.au for more information.



RDNA VALUES AND BEHAVIOURS

DISCIPLINE & PROFESSIONALISM:

WE ARE RELIABLE AND 100% COMMITTED TO OUR TRAINING, PERFORMANCE AND OBLIGATIONS.

WE TAKE TRUE RESPONSIBILITY IN BEING ORGANISED AND PREPARED.

WE CHOOSE TO BE SELF-MOTIVATED AND ARE MINDFUL OF HEALTH AND SAFETY, OF SELF AND OTHERS.

ENJOYMENT:

WE APPRECIATE RELATIONSHIPS AND VALUE FRIENDSHIPS.

WE STRIVE FOR FUN AND GENUINE LOVE FOR THE GAME.

WE MAKE TIME FOR THE CLUB.

INCLUSION & BELONGING

WE SUSPEND JUDGEMENT AND TREAT EACH OTHER WITH CARE AND COMPASSION.

WE STRIVE TO NURTURE A CULTURE OF STRONG RELATIONAL TRUST.

WE ARE WELCOMING AND CONSIDERATE IN THE WAY WE COMMUNICATE.

WE TAKE INTEREST IN THE CLUB, ARE POSITIVE AND SUPPORTIVE TOWARDS ALL MEMBERS.

PROGRESS: ASSOCIATION

WE CHOOSE TO PERSIST WHEN CHALLENGED AND VALUE MISTAKES AS OPPORTUNITIES TO LEARN.

WE USE FEEDBACK TO WORK RIGOROUSLY TOWARDS ACHIEVING OUR GOALS.

WE ARE REFLECTIVE AND ENGAGE IN OPEN DIALOGUE ABOUT IMPROVEMENT.

WE CELEBRATE PROGRESS AS MUCH AS ACHIEVEMENT AND TAKE PRIDE IN BOTH.

RESPECT:

WE AFFORD RESPECT TO SELF AND OTHERS AT ALL TIMES, SHOWING REGARD FOR RIGHTS AND FEELINGS.

WE WEAR OUR UNIFORM WITH PRIDE AND TAKE CARE TO PRESENT IT WELL.

WE VALUE EQUIPMENT AND TREAT IT WITH CARE.

WE OBEY THE RULES OF THE SPORT AND HAVE HIGH EXPECTATIONS OF OURSELVES, AND OTHERS.



Appendix C: Price List

Single Game Vouchers Snr Comp			
Single Game Vouchers Jnr Comp	\$10.00		
RDNA Game (Reg'd Jnr filling in snr Comp)	\$10.00		
Rule Book	\$16.00		
Thunderer Metal Whistles	\$25.00		
Silver whistle	\$10.00		
RDNA Backpack	\$25.00		
RDNA Caps	\$ 5.00		
RDNA Hoodie	\$50.00		
RDNA Trackpant	\$35.00		
RDNA Tracksuits- LIMITED STOCK	\$10.00		
RDNA Singlet	\$20.00		
RDNA Shorts	\$15.00		
RDNA Umpire Polo shirt			
C Badge or higher only	\$45.00		
RDNA Umpiring jacket – New style	\$75.00		
RDNA Umpiring Jacket - Old Style	\$10.00		
RDNA Umpiring Pants	\$10.00		
RDNA Umpiring Skort	\$40		
RDNA Non-Squad Polo	\$35		



Appendix D: Affiliation Fee Structure

2022 Affiliation Fee Structure

(Fees are inclusive of PlayHQ's 2.03% transaction fee)

•	, , ,	, ,			
Category	Year Born	Netball Australia Admin & Services Fee	NWA Member Fee	RDNA Member Fee	Total Fees
Senior	2004 and Earlier (Turning 18 years and older)	\$3.37	\$94.89	\$35.00	\$133.26
Junior	2005 to 2011 (Turning 11 to 17 years)	\$3.37	\$90.80	\$35.00	\$129.17
NetSetGo (Includes Pack fee)	2012 to 2017 (Turning 5 to 10 years)				
"Net" Tier (Club Program Only)	2016 to 2017 (Turning 5 to 6 years)	\$32.55	\$40.81	\$0.00	\$73.36
"Set" & "Go" Tiers	2012 to 2015 (Turning 7 to 10 years)	\$32.55	\$40.81	\$30.00	\$103.36
Repeat NetSetGo		\$0.00	\$0.00	\$30.00	\$30.00
Non-Playing RDNA and Club Officials and Volunteers	Umpires, Coaches, Assistant Coaches, Team Managers, Scorers, Timekeepers, Committee Members etc.	\$0.00	\$0.00	\$0.00	\$0.00
RDNA AS 2nd ASSOCIATION	Already affiliated with NWA	\$0.00	\$0.00	\$35.00	\$35.00
RDNA 2nd COMPETITION	Junior player already affiliated with NWA and RDNA	\$0.00	\$0.00	\$35.00	\$35.00
Spring Competition					
SENIOR	Played Winter	\$0.00	\$0.00	\$35.00	\$35.00
	New Player	\$3.37	\$71.42	\$35.00	\$109.79
	2nd Association	\$0.00	\$0.00	\$35.00	\$35.00
JUNIOR	Played Winter	\$0.00	\$0.00	\$35.00	\$35.00
	New Player	\$3.37	\$70.40	\$35.00	\$108.77
	2nd Association	\$0.00	\$0.00	\$35.00	\$30.00
NetSetGo	Set & Go New	\$32.55	\$26.53	\$30.00	\$89.08
	Set & Go Repeat	\$0.00	\$0.00	\$30.00	\$30.00



Appendix E: Injuries and Insurance

Membership with Netball WA includes cover under the Netball Australia National Insurance Program.

This program is handled by V-Insurance Group (Corporate authorised representative of Willis) as our insurance broker.



Please note that insurance cover only applies to members who are involved in Netball Western Australia sanctioned competitions and activities. Members are not covered if they play in a non-affiliated netball competition.

In the event of an injury:

All teams are responsible for maintaining basic first aid kits in their team bags.

First Aid kits should include:

- Ice packs
- Bandaids different sizes
- Strapping tape finger, wrist, knee, ankle
- Disposable Gloves
- Tissues
- Gauze
- Bandages
- Eyewash saline
- Hand sanitiser
- Sanitiser wipes
- Nail clippers

All incidents of **serious** injury need to be reported to MBSC immediately.

For treatment of serious injuries or urgent first aid please seek the assistance from the MBSC manager on duty.

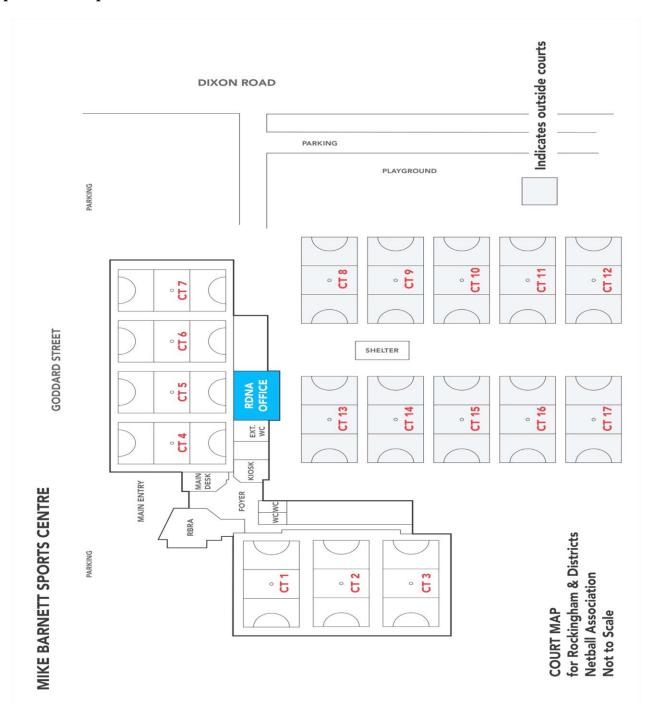
The RDNA does not supply bandages for taping purposes and is unable to assist with the taping of any sporting injuries.

Download all relevant forms from https://netball.vinsurance.com.au/19/Certificate-of-Currency or contact them-directly on 1300 945 547





Appendix F: Map





Appendix G: Codes of Behaviour

COACH CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with

regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a coach:

- 1. Operate within the rules and spirit of netball, promoting fair play.
- Develop a positive netball environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
- 3. Support opportunities for participation in all aspects of the sport.
- 4. Treat each person as an individual. Respect the rights and worth of every person regardless of their

gender, ability, cultural background or religion.

- 5. Display control, courtesy and respect to all involved with netball.
- 6. Respect the decisions of umpires, officials, other coaches and administrators in the conduct of netball

programs and competitions.

- 7. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
- 8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating

players. Activities, rules, equipment, length of games and training schedules should take into consideration the age, ability and maturity level of the participants.

- 9. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- 10. Ensure your decisions and actions contribute to a safe environment. Place the safety and welfare of the players above all else.
- 11. Ensure your decisions and actions contribute to an environment free of sexual harassment, bullying,

discrimination or victimisation.

12. Any physical contact with player should be appropriate to the situation and necessary for the player's

skill development.

- 13. Adopt responsible behaviour in relation to alcohol and other drugs.
- 14. Be honest and do not allow your qualifications/accreditation to be misrepresented.

I	have	
read and understood this policy and will abide by it as a member of the Rockingham and Districts Netball Association.		
Signature:		
Date:		
If under 18years of age, Parent/	Guardian	
Signature:		
Date:		





PLAYER CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with

regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a player:

- 1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
- 2. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or

victimisation.

- 3. Respect the talent, potential and development of fellow players and competitors.
- 4. Participate fairly and safely.
- 5. Be frank and honest with your coach concerning illness and injury and your ability to train and play

fully.

- 6. Conduct yourself in a responsible manner relating to language, temper and punctuality.
- 7. Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process

when seeking a rule clarification.

- 8. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- 9. Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.

- 10. Do not engage in practices that affect sporting performance (alcohol, tobacco and drug use).
- 11. Applaud all good play, by your own team and opponents.
- 12. Respect and acknowledge the contribution of those who create the opportunity for you to play (e.g. scorers, coaches, timekeepers, administrators and umpires).

I have read and understood this policy and will abide by it as a member of the Rockingham and Districts Netball Association.
Signature: Date:
If under 18years of age, Parent/Guardian
Signature:Date:





UMPIRE CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with

regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as an umpire:

- 1. Umpire in accordance with the Official Rules of the Game.
- 2. Treat all players, coaches, bench officials and other umpires with respect.
- 3. Place the safety and welfare of the players above all else, including by:
 - Ensuring the court and its surrounds are compliant with the rules.
 - Taking appropriate action to manage dangerous play.
- 4. Maintain a high standard of personal behaviour at all times.
- 5. Be a positive role model through behaviour and personal appearance projecting a favourable image

of netball and umpiring at all times.

6. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or

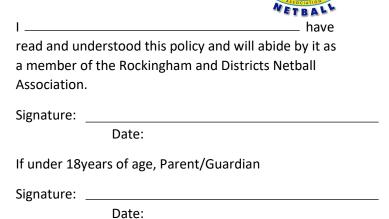
victimisation.

- 7. Be courteous, respectful and open to discussion and interaction with other netball participants.
- 8. Maintain or improve your current performance level and seek continual improvement.
- 9. Be honest and do not allow your qualifications/accreditation to be misrepresented.

read and understood this policy and will abide to a member of the Rockingham and Districts Neth	•
Association.	
Signature:	
If under 18years of age, Parent/Guardian	
Signature:	
Date:	



BENCH OFFICIALS CODE OF BEHAVIOUR



In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with

regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a Technical Official:

- 1. Officiate in accordance with the Official Rules of the Game and Event/Competition Guidelines.
- 2. Treat all players, coaches, umpires and other bench officials with respect.
- 3. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- 4. Be consistent and impartial when making decisions.
- 5. Maintain a high standard of personal behaviour at all times.
- 6. Be a positive role model through behaviour and personal appearance projecting a favourable image

of netball and officiating at all times.

7. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or

victimisation.

- 8. Be courteous, respectful and open to discussion and interaction.
- 9. Maintain or improve your current performance level and seek continual improvement.
- 10. Be honest and do not allow your qualifications/accreditation to be misrepresented.





PARENT/ GUARDIAN CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with

regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a parent/guardian:

- 1. Encourage your child to participate but do not force them.
- 2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This

assists your child in setting realistic goals related to his/ her ability by reducing the emphasis on winning.

3. Teach your child that an honest effort is as important as winning, so that the result of each game is

accepted without undue disappointment.

- 4. Encourage your child to play always according to the rules.
- 5. Be a model of good sports behaviour for children to copy. Applaud good play by all players.
- 6. Never ridicule or yell at a child for making a mistake or losing a game.
- 7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than

question their judgement and honesty in public.

8. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or

victimisation.

9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires.

They give up their time and resources to provide recreational activities for players and deserve your

support.

10. Be courteous in communication with administrators, coaches, players and umpires. Teach your child

to do the same.

- 11. Support the use of age appropriate development activities and modified rules.
- 12. Ensure that other spectators accompanying me abide by this policy.

I have
read and understood this policy and will abide by it as
a member of the Rockingham and Districts Netball
Association.
Signature:
Date:





SPECTATOR CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with

regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a spectator:

1. Remember that most players (in particular children) participate in netball activities for fun. They are

not participating for entertainment of spectators only.

- 2. Applaud good performance and efforts by all players. When watching a game congratulate both teams on their performance regardless of the game's outcome.
- 3. Respect the decision of the umpires. Encourage players to play according to the rules and the official

decisions, and develop your own knowledge of the rules.

- 4. Never ridicule or abuse a player for making a mistake during a competition.
- 5. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or

victimisation.

- 6. Do not use foul language, sledge or harass administrators, coaches, players, umpires or other spectators.
- 7. Condemn the use of violence in any form, be it by administrators, coaches, players, umpires or other

spectators.

8. Support the use of age appropriate development activities and modified rules.

I have		
read and understood this policy and will abide by it as a member of the Rockingham and Districts Netball Association.		
Signature:		
Date:		
If under 18years of age, Parent/Guardian		
Signature:		
Date:		





GENERAL CODE OF BEHAVIOUR

As a person required to comply with this Policy, you must meet the following requirements with regard to your conduct during any activity held or sanctioned by Netball Australia, Member Organisations or Affiliates:

1. Respect the rights, dignity and worth of all people involved in netball regardless of their gender, ability,

cultural background or religion.

- 2. Be ethical, fair, considerate and honest in all dealings with others.
- 3. Make a commitment to providing quality service.
- 4. Operate within the rules and spirit of netball including national and state guidelines, constitution and

policies which govern Netball Australia, Member Organisations and Affiliates.

5. Do not use your involvement with netball to promote your own beliefs, behaviours or practices where

these are inconsistent with those of Netball Australia, Member Organisations or Affiliates.

6. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18

years of age, as your words and actions are an example.

- 7. Always place the safety and welfare of children above other considerations.
- 8. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever

possible.

- Comply with all relevant Australian laws (Federal and State), particularly anti-discrimination, occupational health and safety and child protection laws
- Refrain from any behaviour that may bring Netball Australia, Member Organisations or Affiliates into disrepute.
- 11. Provide a safe environment for the conduct of the activity.
- 12. Show concern and caution towards others who may be sick or injured.
- 13. Be a positive role model.
- 14. Be responsible and accountable for your conduct.
- 15. Abide by the relevant Netball Australia rolespecific codes of behaviour and understand the consequences if you breach, or are aware of any breaches of this Code of Behaviour.



Appendix H: Age Exemption Request Form

This application must be received by the RDNA Management Committee before the player can be added to a team list.				
The	team of	Netball Club requests approval to		
add:				
Players Full Name				
Players Date of Birth				
Reasons:				
Club Contact Details:				
Contact Name				
Position				
Mobile				
Email				
RDNA to complete and return b	y email:			
☐ Approved ☐ Not Approve	ed			
Reason for non-approval:				

The decision of the RDNA Management Committee is final. Please refer to the exemption criteria in the

Competitions Handbook.



Appendix I: Finals Time Keepers Procedure

Timing Equipment

Two manual timers (one from each team) will be required. Strictly NO mobile phones or tablets.

- Match Timer: indicates playing time remaining in quarter
- Stoppage Timer: to time stoppages of up to 30 seconds and to time intervals
- 1. Time 1 minute countdown for start of match.
- 2. Signal 30 second warning and 10 second warning to umpires.
- 3. Start match timer when the Umpire's whistle starts the match.
- 4. When the quarter finishes, immediately start interval timer.
- 5. 2 minute interval between Quarter 1 & 2 and 3 & 4, 3 minute interval at half time.
- 6. Time duration of interval, including countdown for restart of play.
- 7. Hold (stop) time when the umpire signals play to stop e.g. injury/illness/blood
- 8. Restart time when the Umpire signals for play to resume.
- 9. Signal to umpire 10 seconds before the end of each quarter with an audible signal "10 seconds". Hold the timer near the umpire without impeding their movement so they can clearly hear the timer sound. DO NOT say "time".
- 10. Have timer set for interval duration.
- 11. Reset match timer during the intervals to the appropriate time for the next quarter.
- 12. 'Full Time' is when the 4th Quarter ends.

Stoppages for illness/injury or blood

All stoppages for injury/illness or blood are 30 seconds (only for finals).

Both teams may make substitutions and/or team changes during an interval or when play is stopped for injury/illness or blood. The player concerned must leave the court.

The Umpires may hold time or extend an interval if considered appropriate. Time may be held during emergencies such as serious injury/illness of a player, injury/illness of an umpire or bench official(s), the equipment, the court, the weather or technical equipment. The umpired decides the length of such a stoppage and ensures play restarts as soon as possible.

- 1. When the Umpire signals to hold play (hand signal used to form a 'T'), stop a match timer and start stoppage timer (have this set at 30 seconds).
- 2. Advise umpire when 10 seconds remain "10 seconds".
- 3. On umpires signal, restart match time; stop, clear and re-set the stoppage timer.

Suspension

The umpires will suspend a player following an official warning for foul play if the player continues to infringe the Rules.

- 1. When the Umpire signals to the Official Bench a player has been suspended (arm vertical with two fingers displayed) start the stoppage/interval timer set at 2 minutes when play recommences.
- 2. During the suspension stop the suspension timer for any stoppage or held time and intervals.
- 3. Advise Umpire and player when 2 minutes has expired.
- 4. Stop, clear and re-set stoppage/interval timer.



Duration of Extra Time

In the event of a draw (finals only) following the end of the 4th quarter, there is an interval of two minutes at the end of Full Time before extra time begins. Teams change ends before recommencing play and are permitted to make substitutions and/or team changes.

- Extra time commences after this interval (i.e. when play restarts)
- Extra time consists of two halves each of seven minutes with an interval of one minute between them. Teams change ends during this interval and are permitted to make substitutions and/or team changes.
- Extended time if the scores are still tied at the end of the second half, play does not stop but continues until
 one team has a two goal lead. A 'visual extended extra time signal' is held up by the Official Bench at this time.
- Extra time concludes when one team takes a two goal lead.

Team changes and/or substitutions are permitted during both intervals. Coaching and rehydration of players may also take place.

Stoppages for injury/illness or blood during the entire extra time period, normal stoppage procedures apply.

Extra time can be a very stressful time, especially if the scores remain very close. It is critical that Bench Officials are calm and conversant with the procedures that apply in order to carry them out efficiently and accurately.



Appendix J: Financial Assistance Application

Financial Assistance Application

Personal Details Name: Date of Birth:_____ Street Address: Suburb: Postcode: Phone: Email: _____ **Association Registration Details** Association (Which Association have you paid your Netball WA affiliation fees to?) Club:_____ Team: _____ Details of Financial Assistance (please tick relevant box) State Team Representative WANL Other **RDNA** Representative State Cup Details (amount and evidence of expenditure) Member signature (or parent/guardian if under 18) Parent/ Guardian name_____ Please lodge completed form to the RDNA Office or Email admin@rdna.org.au Management Committee Signature: Financial Assistance granted: Date:



Appendix K: Clearance Form

Rockingham & Districts Netball Association

Clearance Form

To successfully transfer from one club to another once a season has commenced, this form must be filled out in full and returned to the RDNA Administrator.

Player to Complete		
Full Name:		
Previous Club:		
New Club:		
Previous Club Presiden	it to Complete	
I do / do not give the abov	ve player permission to transfer out of	Netball Club.
Sign	Date	
New Club President to C I do / do not give the abov	Complete ye player permission to transfer in to	Netball Club.
Sign	Date	
CLEARANCE PERMIT		
Player Name		
Previous Club New Club		
The above player has/has season (as dated below).	s not been granted a Clearance Permit by the RDNA. This	permit is valid for the current
O Permit Granted	O Permit Denied	
RDNA Management Com	mittee Sign Date	